

# Haliburton Composite Camp Handbook



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## Things to Know for Camp - FAQ

We leave on July 5th and return July 12<sup>th</sup>.

We meet 6:00 am sharp, on July 5<sup>th</sup> at Applewood Heights Secondary school

On July 12 a phone call will be made to tell what time we will be back at Applewood. A parent volunteer is requested to call the others as Scouters will be on the returning bus.

Any money the scout would like to bring for camp is the youth's responsibility. We recommend no more than \$60.00 to \$75.00. Save a minimum of \$25 for Weber's on the return trip home.

Cell/Cameras are also the youth's responsibility. We don't recommend they bring an expensive one.

Tent – youth to provide own or from your group (if you need one, please do not hesitate to ask your Scouter).

In case of emergency there is a number to camp **(905) 741-0024**. Please remember, this only for emergencies.

Let them know who you are, your youth's name, they are on **Birch Point** with the **Mississauga Composite Camp**

**If there is a problem with a Scout either medical or behavioural/discipline** the parents will be called to come to camp and pick up their child. Parent/Guardian **MUST BE** fully available at the contact number you have provided, and immediately ready to come to the camp to pick their youth if required.

Health cards and any medications must be given to a Scouter at Applewood. Plus any special instructions must also be provided in writing at the same time. All meds and information in a sealed, waterproof container or bag.

Cell phones are permitted as a camera function. Note: at camp and there will be no signal.

Fishing is permitted all scouts must bring their own rod and all hook must be barbless

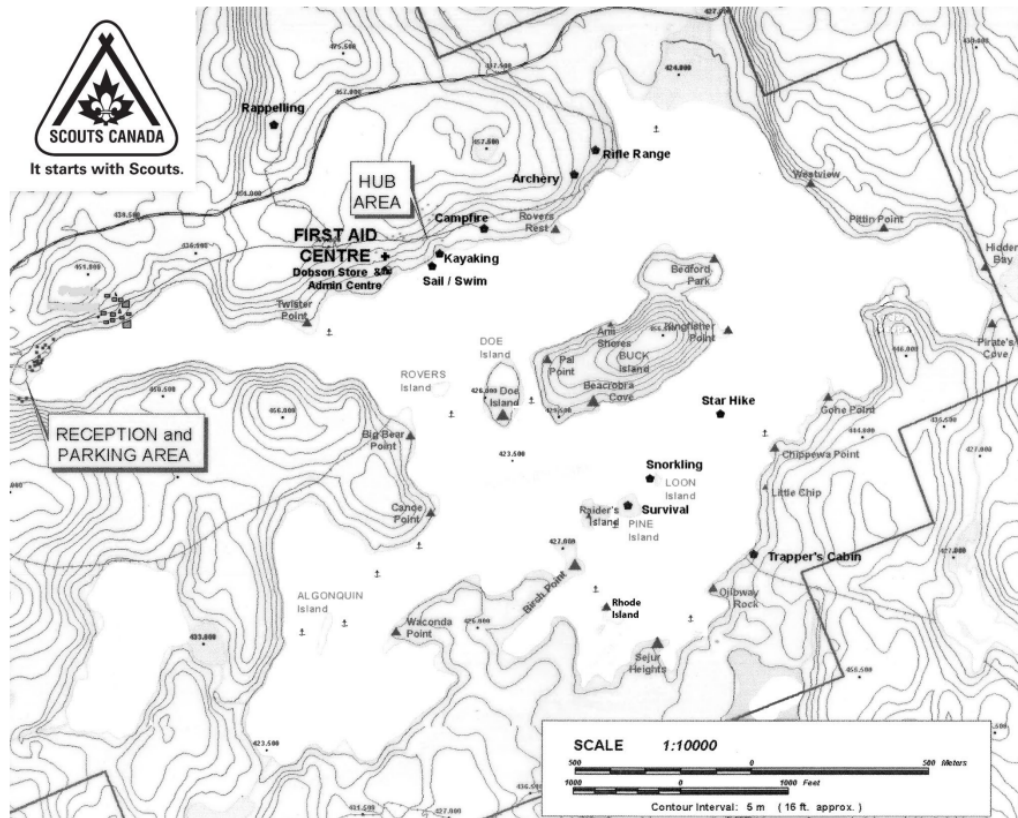
At camp we will be using the Buddy System so that no one gets lost.

## The Bus Update

We received a substantial subsidy for the cost of a bus from Scouts Canada. However, this does not cover all of the cost, there is a nominal supplementary bus cost, please see associated information for the amount.

On Saturday July 5th, at 7:00 am our bus will be leaving for camp. To make sure that nobody is left behind, we are asking that everyone arrive at 6:00 am. We will be meeting at Applewood Heights Secondary School 945 Bloor St, (On the Tomken Rd. side). Please come for 6:00 am so that we may pack up the bus with all the equipment and so that your parents can get their last goodbyes. The bus will be returning on the following Saturday, July 12th in the afternoon because we are not sure of our check out time from camp, we can not tell you what time we will be back. You will get a call from one of the Scouts parents to let you know when we are going to arrive at Applewood.

## HSR Site Maps



10. HALIBURTON SCOUT RESERVE TRAILS AND OUTPOST CAMPSITES

## Directions to Camp

Use this address if inputting into Google maps or other GPS system:

**Haliburton Scout Reserve  
3161 Kennaway Road Haliburton,  
Ontario (CANADA) K0M 1S0**

**\*\* Be sure to fill up with gas in the town of Haliburton \*\***

**\*\* since vehicle gasoline is not for sale at the camp\*\***

Please allow approximately 3.5 hours of travel time (non-stop).

[Haliburton Scout Reserve - Google Maps](#)

### General directions from Mississauga Ontario

1. Get on ON-403 E from City Centre Dr and Hurontario St
2. Merge onto ON-401 E
3. Take exit 359 to merge onto ON-400 N toward Barrie
4. Keep left to stay on ON-400 N
5. Keep left to continue on ON-11, follow signs for Orillia/N Bay
6. Take exit 182 toward 118 Hwy E/ON-118 E
7. Merge onto 118 Hwy E/ON-118 E via the ramp to Vankoughnet/Haliburton
8. Continue on ON-118 E to your destination in Tory Hill
9. Merge onto 118 Hwy E/ON-118 E
10. Turn left onto Mountain St/ON-118 E
11. Turn left onto Kennaway Rd
12. Turn right to stay on Kennaway Rd
13. Slight right to Destination

# Packing List

## 1. CLOTHING

- a. 2 pairs of pants
- b. 3 pairs of shorts
- c. 5 T-shirts
- d. 2 long-sleeved shirts
- e. 1 warm jacket/light sweater
- f. 1 heavy sweater
- g. 1 pair pyjamas
- h. 7 pairs of underwear
- i. 5 pairs of socks
- j. 2 pairs of light wool socks
- k. Hiking boots
- l. Running shoes
- m. Water shoes
- n. Rain gear
- o. Swimsuit
- p. Garbage bag

## 2. TOILETRIES

- a. Biodegradable soap
- b. Wash cloth
- c. Towel
- d. Comb/brush
- e. Deodorant
- f. Tissues
- g. Lip balm with sunscreen
- a. Toothbrush & toothpaste

## 3. TENT & SLEEPING GEAR

- a. Tent & footprint under the tent
- b. Sleeping bag in a stuff sack
- c. Sleeping pad
- d. Small pillowcase

## 4. MESS KIT

- a. Mesh dish bag containing:
  - b. cutlery (spoon, fork & knife)
  - c. bowl, plate, mug (unbreakable)
  - d. carabiner

## 5. DAY PACK (small backpack)

- a. Camp hat with brim
- b. Sunglasses
- c. Reusable water bottle
- d. Flashlight & spare batteries
- e. Safety whistle (Fox 40)
- f. Knife (Scout Knife permit required)
- g. Clothesline cord (4-6m, nylon)
- h. Matches in a waterproof container
- i. Small toilet paper roll in a zip-lock bag
- j. Hand sanitizer – pocket size
- k. Pencil & notebook in zip-lock bag
- l. Sunscreen
- m. Insect repellent
- n. After-Bite (optional)

## 6. ESSENTIALS

- a. \$25 lunch at Webbers
- b. Ontario Health Card (Note 2)

## 7. OTHER PERSONAL ITEMS

- a. Small collapsible camp chair
- b. Playing cards, books, personal logbook
- c. Camera or cell phone (Note 1)
- d. Camp spending money
- e. Badges for trading
- f. Fishing gear (optional)

## **In General**

**PACK GROUPS OF ITEMS IN MESH (preferred) or ZIPLOC BAGS INSIDE YOUR PACK** – Belongings should be labelled with your name. Campers are responsible for their own gear safekeeping and collection!

**Note 1:** Electronics, game systems and cell phones are not be used at camp. Cell phones may only be used as cameras. CAUTION: this camp is focused on water activities and travel by water – take appropriate precautions to protect what is yours. Scouters are not responsible for any lost or damaged items.

**Note 2:** ALL medication must be labelled with the youth's name and placed in a zip-lock bag. Medication must be left in the care of the camp identified scouter with detailed medical information and dosing instructions before getting on the bus in Mississauga or handover at the camp.

### **1. CLOTHING**

- a. 2 pairs of pants  
Avoid jeans if possible, unpleasant if wet and slow to dry  
Quick dry pants with zip off legs are nice to have.
- b. 3 pairs of shorts  
If you have quick dry pants, count each pair for one of pants and shorts.  
e.g. 2 quick dry pants will match 2 pair of pants and 2 pair of shorts.
- c. 5 T-shirts  
Only a couple of recycle days then.
- d. 2 long-sleeved shirts  
Nights and rainy days can be chilly, need two incase one gets wet.
- e. 1 warm jacket/light sweater  
Something to break a quick sun shower or brisk wind. Thin enough to pack in the day pack is nice
- f. 1 heavy sweater  
Wool or polar fleece would be best. Again nights get cold especially when tired and/or damp from the day's outings.
- g. 1 pair pyjamas  
Even just a light boxer shorts and t-shirt, just something fresh that didn't get bug spray or wet from the day's activities.
- h. 7 pairs of underwear  
What can we say about fresh underwear to start the day !



- i. 5 pairs of socks
- j. 2 pairs of light wool socks  
Foot care is very important on this camp.  
Your feet will be used a lot, keep them dry. Cotton socks are common but wool socks are great for hiking and long days away from camp. Wool wicks moisture away from the body and help keep the feet healthy.
- k. Hiking boots  
Again foot care, good boots, above ankle, water proof or very water resistant. Silicone spray or oil treatment before camp can help with resistance.
- l. Running shoes  
Foot care again, good shoes for short trips, trips with minimal walking and around the camp to allow the hiking boots to air and dry out.
- m. Water shoes  
Great for canoeing and venturing into the water's edge.
- n. Rain gear  
Delicate situation here. Hat, jacket, pants that can break the rain. Maybe you have pants/jacket and hat that cover this already. Pack something water resistant if it's not packed from the above list.  
A rain poncho is handy and can fit in the day pack  
Don't buy a full rain suit, too much pack room and too hot for the summer.
- o. Swimsuit
- p. Garbage bag  
Big enough to pack all your dirty clothes into one smell contained place.

## **2. TOILETRIES**

- a. Biodegradable soap  
Brands Camp Suds, Wilderness Wash or Castile soap.  
Can do laundry with this soap at camp.
- b. Wash cloth  
Quick dry like a microfibre cloth is nice.
- c. Towel  
Again quick dry would be nice, not too big for you have to pack it and towels can take up a lot of room.
- d. Comb/brush
- e. Deodorant
- f. Tissues  
Space saving tip, use the roll of toilet paper listed below.

- g. Lip balm with sunscreen  
At least SPF 15, lips can and will burn when you are out in the sun for a week.

- a. Toothbrush & toothpaste

### **3. TENT & SLEEPING GEAR**

- a. Tent & footprint under the tent  
Borrow one from you group's quartermaster.
- b. Sleeping bag in a stuff sack  
Big topic here but would recommend a 5 C minimum (even 0 or -5C) and bring a sleeping bag liner.  
Cold night, use the bag (and even the liner).  
Warmer nights just use the liner on top of the sleeping bag.  
If not warm or cold then unzip the sleeping bag and use it as a cover that you can adjust throughout the night.
- c. Sleeping pad  
Self inflating or foam.  
Please don't bring a full blown air mattress.
- d. Small pillowcase  
Pack it with t-shirts and/or sweatshirt to make a pillow.  
Pro Tip: t-shirt works great as a pillow case.

### **4. MESS KIT**

- a. Mesh bag containing:
  - i) cutlery (spoon, fork & knife)
  - ii) bowl, plate, mug (unbreakable)
  - iii) carabinerTo hang it on a drying line.

### **5. DAY PACK (small backpack)**

- a. Camp hat with brim  
The brim is essential being in the sun (or rain) all day.
- b. Sunglasses  
Good sunglasses but not expensive, things due tend to sink to the bottom of the lake.
- c. Reusable water bottle  
Nalgene 1 L is nice.  
Wide mouth is great to easily clean it every so often.
- d. Flashlight & spare batteries  
Headlamp is the best.

- e. Safety whistle (Fox 40)  
Fox 40 is the scouting recommended.  
Pea-less and water durable is preferred.
- f. Knife (Scout Knife permit required)  
Please bring your permit with your knife. If you don't have a permit please reach out to us.
- g. Clothesline cord (4-6m, nylon)  
Paracord is great for this, use it the most for drying gear.
- h. Matches in a waterproof container  
Not super essential but in scouting very good to have.
- i. Small toilet paper roll in a zip-lock bag  
Great for emergencies of most kinds.
- j. Hand sanitizer – pocket size
- k. Pencil & notebook in zip-lock bag
- l. Sunscreen  
Water repellent is nice.  
SPF 30 or more.  
Bring lots.
- m. Insect repellent  
Go for high concentration 25-30% DEET, or 20% picaridin/icaridin  
Don't do the gentle skin by Johnson & Johnson or equivalent, misquotes in Haliburton don't know how to read and anything less than high concentration doesn't repel them at all.
- n. After-Bite (optional)  
It's argued if after-bite works or not. It works for me so I'm bringing mine.

## **6. ESSENTIALS**

- a. \$25 lunch at Webbers  
On the way home we stop at Webbers for our final meal. It's cherished tradition !!!
- b. Ontario Health Card  
There's some scout groups that don't request the health card but since we're hours away for over a week. If there is a reason to seek medical attention it's great to have the health card to present to the medical authorities.  
There is medical staff (doctor or nurse or both) at Haliburton Reserve but if we have to go off site that's when we'd want the health card to present.

## 7. OTHER PERSONAL ITEMS

- a. Small collapsible camp chair  
Sounds whimsical but it's nice to have chair on site versus sitting on the ground or picnic table all the time.
- b. Playing cards, books, personal logbook  
During off hours, something to entertain, reviewing social media is not our kind of entertainment.
- c. Camera or cell phone (Note 1)  
Remember things get wet easily, protect it but don't bring your brand new phone to camp, accidents do happen. We've had to retrieve scouters' phones from the bottom of the lake.
- d. Camp spending money  
The Haliburton Reserve has a hub and at the hub there's a little store. Can purchase small snacks like an ice cream bar, drink or chips or small items like an HSR shirt or badge.
- e. Badges for trading  
Great night, don't need a lot to start badge trading, bring other tradable swag like an extra scout necker or scout related swag.
- f. Fishing gear (optional)  
If you want to fish bring a rod and a bit of tackle.  
Remember, barbless hooks at HSR.  
Fish at HSR will be sun fish and small bass, still fun to catch and release (after the photo of course).

## **Appendix A - Forms to be completed**

Parental Consent Form  
Participant Information Sheet  
Physical Fitness Form  
Medication Form